



The NV Junior Clubwoman Connection

Issue 3

October 2008

NV Juniors Recognize Domestic Violence Awareness Month

In recognition of Domestic Violence Awareness month, the

Northern Virginia Junior Women's Club (NV Juniors) welcomed Ms. Candice Lopez from **Doorways for Women and Families**. Ms. Lopez educated our members on domestic violence, the outreach Doorways provides, and how our club can continue to assist.

One program Ms. Lopez discussed was the **Financial Independence Track** (FIT). FIT is an interactive financial education program which teaches clients the basics and

mechanics of money and debt management.

A few FIT facts: in 2007 52 women participated in 332 individual sessions. Of those, all developed a financial safety plan, 72% showed debt reduction, and 32 clients deposited money into escrow savings totaling over \$26,000!

The NV Juniors presented Ms. Lopez with enough supplies to enable 20 clients to participate in a FIT program. Supplies included 20 day planners, 20 file folder holders, and over 250



Club President, Kathy Planthaber, (left) presents Candice Lopez from Doorways for Women and Families (right) with FIT supplies.

hanging file folders. Some items were donated by club members, while the others were purchased with funds raised through earlier fundraising efforts.

Girls Just Want to Have Funds - the Speaker Series Continues

The NV Juniors' September meeting continued the club's speaker series by hosting, "**Girls Just Want to Have Funds.**" The guest speaker was Mr. Roshan Loungani. Mr. Loungani is a managing partner of Arete Wealth Management and is a Certified Financial Planner (CFP®) and Chartered Retirement Planning Counselor (CRPC®).

Mr. Loungani presented an interactive session that allowed the audience opportunity to ask questions. During his session, Mr. Loungani discussed with the members and

guests topics ranging from recession-proofing finances and retirement planning to navigating the stock market.

The session was well received. I know I gained a wealth of information!

If you missed the session and would like information or Mr. Loungani's contact information, please contact the club at NV_Juniors@yahoo.com

The club welcomed several guests to the session and one new member! Thanks to all who attended!

Upcoming Activities

November 2008

22nd - USO Stuffing Party, Ft Belvoir (9:00 am - 3:00 pm)

25th - Club Meeting

Message from the President

You may have noticed that in the honor of Domestic Violence Awareness month, the NV Juniors newsletter has gone purple. Our club had a great awareness month and I am so thankful to Candice for coming out to speak to our club. She is always a club favorite. We did such a great job of fundraising this year that we were able to donate enough supplies for 20 participants to go through the FIT program. Thank you to all who helped with the fundraising and the donations of items. We hope there will be many upcoming opportunities for our club to work with Doorways.

I am amazed that November is already here. This year has gone by so quickly. Our club has made great strides, and we all should be very proud.

We held a new fundraiser with wonderful results. The Silpada Jewelry sale raised over \$400. Members participated in multiple activities, including events for the USO, Doorways for Women and

Families, NVTRP, and AnySoldier.com. Additionally, the speaker series is a great success. Members also participated in GFWC meetings at the District, State, and International levels.

Our club is gaining members and momentum. We now need to keep that momentum growing and harness it into great things for the club, as well as our local community.

If you are an inactive member, we would love to welcome you back into the club.

If you have friends you think may be interested in the club, please ask them to come to a meeting.

If you are a current member who would like to help plan future activities (Dinner at Doorways, bus trips, Gift Wrapping at Borders, etc) please contact us at NV_Juniors@yahoo.com

I look forward to all the great work I know will be coming forth from our club.

NV Juniors Mission Statement

To promote our club in order to increase membership while actively pursuing fundraising projects with the interest of donating time and money to community causes.

Box Tops and Campbell's Labels for Education Collection Drive

Don't forget to save your **Box Tops for Education** and Campbell labels and bring them to our next meeting. Donated box tops and labels go to support a local Section 1a school!

You can find Box Tops for Education on General Mills®, Ziploc®, and Kleenex® products. Look for Campbell's labels on Campbell's Soup, and Pepperidge Farm Goldfish!

Collected boxtops and labels are used to "purchase" essential items such as computers, playground equipment, etc.

Keep an eye out on our website for updates from the school's coordinator!



GFWC Virginia— Northern District Updates

The Northern District's Fall Meeting was held on Saturday, October 4th. Three of the club's officers attended (Kathy, Kim, and Regina).

We were honored to have the State President, Emma Jean Wise, and the State Director of Junior Clubs, Lori Rocker, in attendance.

In addition to our state officials, we had a guest speaker from Azalea Charities, and the "Aid for Wounded Soldiers" program. The loved ones of wounded soldier's often have very short notice regarding travel to meet their wounded loved ones. As a result, many travel without personal items.

Centerpieces, made out of donated items, were donated to

Azalea Charities " for delivery to Ft. Gordon, GA.

During the meeting, we learned about international and state GFWC items, as well as heard reports from the different committees.

Additionally, the meeting featured a market place where we sold holiday scarves, raffle tickets for the Silpada Jewelry (earrings and necklace), Entertainment Books, and hand-crafted cards. Our club made over \$200 in the marketplace, which is a great achievement (and 150% over what we made last year at the Market Place).

Thanks to all who came, and especially to Regina who so diligently sold those raffle tickets!

NV Juniors in the Community

On the October 18th, four of our volunteers got up early on a blustery Saturday morning and headed out to the Northern Virginia Therapeutic Riding Program's (NVTRP) farm and painted two run-in sheds.

Not sure what a run-in shed is? That's okay, we did not either. It is a shelter in the pastures for

horses to go to during a storm. Volunteers were also lucky enough to be able to watch as lessons were given to the kids. All in all it was a great day. Many thanks to Regina Meade for coordinating our volunteer day with NVTRP. We look forward to doing it again!



No barn painting is complete without a signature (top)! Below, one of the finished barns.



GFWC Fun Facts

The GFWC has a long and proud history, one that each member should know. As a way to highlight that history, fun facts will be highlighted in each edition of the newsletter.

In 1919, under the direction of the YMCA, the GFWC created

the Overseas Service Unit and sent 100 young women to Europe to assist wounded soldiers in the aftermath of World War II!

In 1922, the GFWC Clubwomen purchased 1734 N Street, NW in Washington, DC to serve as the

Federation's International Headquarters.

Speaking of the International Headquarters, stayed tuned to the website for information about the Holiday Open House (and Happy Hour)!

Caring and Sharing Corner

Congratulations to **Trish** on her recent nuptials. Speaking of weddings, congratulations to our Treasurer, **Liz**, on her upcoming November wedding. We wish you all happiness in your marriages!

Congratulations also go out to **Staci Norris**. Staci and her husband are expecting (go team pink!!!!!!!).

Welcome to new club members **Mary Jane Skorik-Andrews** and **Alice Horn**. We are so excited to welcome you into the club!

Recent Birthdays!

Happy birthday to :

Liz Kramer (August 6)

Carol Brown (August 20)

Staci Norris (August 21)

Kristi McCarthy (August 31)

Trish D'Antonio (September 10)

We hope you all had wonderful birthday celebrations!



Quick Club Facts:

- Club President: Kathy Planthaber
- Club/President e-mail: NV_Juniors@yahoo.com
- On the web at: www.NVjuniors.org
- Meet the last Tuesday of the month (no meetings July, August, and December)

ELECTION DAY IS ALMOST HERE - DON'T FORGET TO VOTE!

On August 26, 1920, the Nineteenth Amendment to the United States Constitution became law, and women were legally allowed to vote. One that has received excellent reviews is *Project Vote Smart*.

A women's right to vote was a long and hard battle that so many before us fought. They did it not just for themselves, but for all those who would come after them.

It is not just our duty as citizens of this great nation, but it also an honor and privilege that many in today's world do not have. I urge each of you to exercise that right and vote this Tuesday.

If you have questions or are unsure about the candidates, there are many great sources

Project Vote Smart provides voters with unbiased facts on important issues, candidate's voting history, etc. Their website is: <http://www.votesmart.org/>. I urge each of you to check it out before you vote.

Remember, it is not just our duty to vote, but rather to cast an **educated** vote on Tuesday November 4th!

Participating in elections is just one more way we are making a difference in our community and in the nation!



 **OTE**